**SAMPLE SOCIAL/EMOTIONAL SUPPORT SURVEY**

1. Overall, how would you rate the level of social and emotional support you received from others BEFORE participating in this program?

I received very little support I received a lot of support

1 2 3 4 5 6 7

1. How would you rate the level of support you received **DURING** the program?

I receive/d very little support I receive/d a lot of support

1 2 3 4 5 6 7

1. Which activities of the program have provided you with the MOST support?

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1. How much do you agree/disagree with the following statements?

|  |  |  |  |
| --- | --- | --- | --- |
|  | **Definitely agree** | **Somewhat agree** | **Do not agree** |
| The support I’ve received from this program has strengthened my emotional stability. |  |  |  |
| This program has helped reduce the stress of being around groups of people. |  |  |  |
| The social/emotional support I’ve received has helped improve the quality of my life. |  |  |  |