

## Sense of Social Fit Scale

This survey accompanies a measure in the SPARQTools.org [Measuring Mobility toolkit](#), which provides practitioners curated instruments for assessing mobility from poverty and tools for selecting the most appropriate measures for their programs.

**Age:** Teen, Adult

**Duration:** 3-5 minutes

**Reading Level:** < 6th grade

**Number of items:** 17

**Answer Format:** 1 = strongly disagree; 2 = disagree; 3 = neutral; 4 = agree; 5 = strongly agree.

### Scoring:

Q2, Q3, Q5, Q6 and Q13 should be reverse-scored. Reverse-scored items are worded in the opposite direction of what the scale is measuring. The formula for reverse-scoring an item is:

$$((\text{Number of scale points}) + 1) - (\text{Respondent's answer})$$

For example, Q3 is a 5-point scale. If a respondent answered 2 on Q3, you would re-code their answer as:  $(5 + 1) - 2 = 4$ .

In other words, you would enter a 4 for this respondents' answer to Q3.

To calculate the total score for each participant, take the average rating of the items by adding respondents' answers to each item and dividing this sum by the total number of items (17).

### Sources:

Walton, G. M., & Cohen, G. L. (2007). A question of belonging: Race, social fit, and achievement. *Journal of Personality and Social Psychology*, 92(1), 82-96.

**Instructions:** Answer the following questions about what [school name] is like for you. Circle one of the response options to indicate the extent to which you agree or disagree with each statement using the scales below. Please use the whole range of each scale.

1. People at [school name] accept me.

Strongly disagree

Disagree

Neither agree nor disagree

Agree

Strongly agree

2. I feel like an outsider at [school name].

Strongly disagree

Disagree

Neutral

Agree

Strongly agree

3. Other people understand more than I do about what is going on at [school name].

Strongly disagree

Disagree

Neutral

Agree

Strongly agree

4. I think in the same way as do people who do well at [school name].

Strongly disagree

Disagree

Neutral

Agree

Strongly agree

5. It is a mystery to me how [school name] works.

Strongly disagree

Disagree

Neutral

Agree

Strongly agree

6. I feel alienated from [school name].

Strongly disagree

Disagree

Neutral

Agree

Strongly agree

7. I fit in well at [school name].

Strongly disagree

Disagree

Neutral

Agree

Strongly agree

8. I am similar to the kind of people who succeed at [school name].

Strongly disagree

Disagree

Neutral

Agree

Strongly agree

9. I know what kind of people [school name] professors are.

Strongly disagree

Disagree

Neutral

Agree

Strongly agree

10. I get along well with people at [school name].

Strongly disagree

Disagree

Neutral

Agree

Strongly agree

11. I belong at [school name].

Strongly disagree

Disagree

Neutral

Agree

Strongly agree

12. I know how to do well at [school name].

Strongly disagree

Disagree

Neutral

Agree

Strongly agree

13. I do not know what I would need to do to make a [school name] professor like me.

Strongly disagree

Disagree

Neutral

Agree

Strongly agree

14. I feel comfortable at [school name].

Strongly disagree

Disagree

Neutral

Agree

Strongly agree

disagree

15. People at [school name] like me.

Strongly  
disagree

Disagree

Neutral

Agree

Strongly agree

16. If I wanted to, I could potentially do very well at [school name].

Strongly  
disagree

Disagree

Neutral

Agree

Strongly agree

17. People at [school name] are a lot like me.

Strongly  
disagree

Disagree

Neutral

Agree

Strongly agree